



# Kew Woods News

Friday 2nd February, 2024



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Please visit our website:  
[www.kewwoodsprimary.co.uk](http://www.kewwoodsprimary.co.uk)

## Y3 Trip to Chester

On Tuesday Year 3 visited the Grosvenor Museum in Chester.

They had a great time immersed in the Roman artefacts and also learned about lots of aspects of Roman life and how we know the Romans actually were there, by exploring primary and secondary sources of evidence. The children were also lucky enough to be recruited into the Roman army for part of the day and got to practice battle formations against the local Celts (staff!) in the amphitheater.

### ATTENDANCE:

School attendance this week is 92% which is below national average. Well done to class 1W who had the highest attendance at 99.7%

### Dates:

#### February

- 6th - Y6 parents evening
- 6th - safer internet day
- 7th - Y6 parents evening
- 6th - KS2 altru drama assembly
- 9th - mufty day for food-bank
- 9th - finish for half term
- 19th - Inset Day—school closed

#### Half term

12th—19th Feb  
inclusive



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# This Week's Big Question

## Can doing something 'bad' ever be the right thing to do?

This week was our first opportunity to explore our new

### **BIG QUESTION** of the week!

Here is a summary of what the pupils thought:

Y1 — yes you might need to break the rules, like shouting out in class if someone hurts themselves.

Y2 — if it is a deliberate action to upset someone, then it is never okay. Sometimes, in emergencies it may be necessary to break a rule, in order to save someone or warn them of a dangerous situation.

Y3 — doing something deliberately bad is always wrong but sometimes to save someone's feelings we don't tell the truth about new shoes or clothes etc. We call it a white lie.

Y4 — we may need to break the rules in order to help someone who might be hurt. People may tell 'white lies' to protect their own or someone else's feelings, e.g. if someone didn't do well in a test, they may tell a white lie to protect themselves as they might feel embarrassed.

Y5 — Yes sometimes. If you have to do something that is seen to be bad to keep someone safe like telling a teacher on someone or pushing someone out the way to stop somebody else getting hurt. Sometimes a bad experience can make you braver or stronger.

Next week's **BIG QUESTION** is

**Children's mental health week**

**Why does my voice matter?**

## NEW Class Twitter Accounts

- ▶ Follow your children's classes at:
- ▶ Nursery @nurserykew
- ▶ Reception @receptionkew
- ▶ Year 1 @Y1Kew
- ▶ Year 2 @Y2Kew
- ▶ Year 3 @Y3Kew
- ▶ Year 4 @Y4Kew
- ▶ Year 5 @Y5Kew
- ▶ Year 6 @Y6\_Kew



### This Week's Class Dojo Winners

Harriet	RK
Harun	RW
Max T	1K
Joe	1W
Kyla M	2K
Dawud	2W
Muhammad	3K
Anaya	3W
Rex	4K
Robinson	4W
Evie	5K
Seth	5W
Full class	6K
Full class	6W



# Y3 trip to Chester



**ROMAN  
WORKSHOP**





**BELLINIA OUR BRAVE  
ROMAN LEGIONARY!**



## London Marathon Update—kNOwKnifeCrime Campaign

Last July Kew Woods and other schools in Southport Learning Trust raised money and purchased several bleed control cabinets for our Kew community.

The first one is now installed outside our school, with more being fitted outside each of our 7 schools in the community.

#kNOwKnifeCrime



Mrs Greaves training is going well. The last few weekends she has completed half marathon distances on her runs.

If you would like to sponsor Mrs Greaves please follow the link:

<https://www.cashforkidsgive.co.uk/campaign/london-marathon-2024/fundraisers/laura-hughes/>





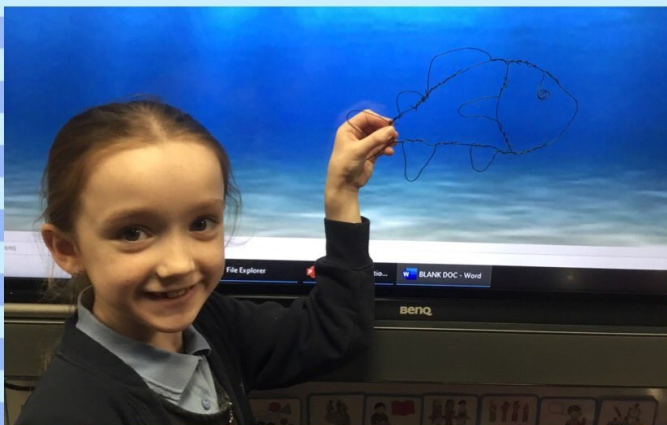
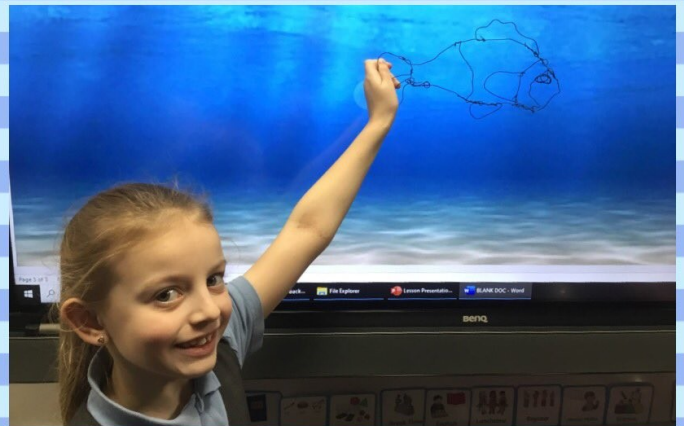
Yesterday in school, year 6 pupils were supporting her clock up her weekly miles by running 4 miles on the daily mile track.



In Art year 3 have been exploring sculpture.

The children used a modelling wire to follow the outline of a fish adding lots of other details by joining and twisting the wire carefully together.

The finished products looked amazing!





In Reception the children have been exploring shape, learning about the differences between shapes by playing and building with them. They then arranged their shapes to create a picture.





## Y4 Ocarina Lesson.

Year 4 are starting to remember the musical notes and how to play them!

They are doing a super job and it sounds lovely.





## Forest School



Year 5 have been enjoying some sunshine whilst climbing trees, den building and working as a team.





## Love My Community 2024

**Friday 9<sup>th</sup> February**

2nd February 2024

Dear Parents/Carers,

Our school is part of the Southport Learning Partnership where we work together with other schools on joint projects. Love My Community is a special day in the school year where we join with other local schools to raise money for a charity chosen by the children of Southport.

**This year the schools have chosen to support:**



All we ask is that each child pays a **donation of £1** to join in with the day, with all funds raised being donated to the charity. **In return, they can wear 'non uniform' for the day.**

Many thanks for your help with this appeal and we hope together we can all make a huge demonstration that we *Love our Community!*

***"Working Together As One"***



# What Parents & Carers Need to Know about PERSUASIVE DESIGN ONLINE

'Persuasive design' refers to the techniques that companies employ to influence our thoughts and behaviours when we're on the internet. These approaches can be spotted on websites, in apps and even as part of some video games. Persuasive design means that this content has been deliberately presented in a way that's intended to encourage you to spend your time or money (or both). These methods often prove highly effective at keeping people engaged and invested for longer than we might expect.

## WHAT ARE THE RISKS?

### POTENTIAL ADDICTION

In the digital world, persuasive design can make certain activities more addictive and harder to walk away from: some people may begin to feel anxious or irritated without access to their device or their favourite app, for example. It can also often leave users feeling isolated, as – if they spend most of their time on social media – they may start to find it difficult to talk to other people in real life.

### MENTAL HEALTH CONCERNS

Scrolling online or gaming without regular breaks is proven to be harmful to our mental health. The constant bombardment of news stories (many of them negative), images and influencers' posts can create sensations of unease, uncertainty and FOMO (fear of missing out). Young people can get so immersed in this environment that they become less likely to spot misleading posts.

### PROLONGED SCROLLING

Social media can draw any of us – regardless of age – into a continuous pattern of refreshing our screen, following posts and links down rabbit holes or reading countless comments made by others. This aimless scrolling can eat up time which could have been spent on more productive activities. It could also lead younger users into areas of the online world which aren't age appropriate.

### SENSORY OVERLOAD

Repetitively scrolling, clicking on links or playing games can create an unending stream of new information and visual stimuli. Put it this way: social media isn't exactly renowned as a carefree, chilled-out environment. Such overstimulation can become too much for young people to handle, resulting in sensory overload and causing them to feel stressed, overwhelmed and exhausted.

### COSTLY ADDITIONS

Video games sometimes display offers for downloadable content or loot boxes which can be bought with real money. While these 'microtransactions' temptingly promise to improve a player's gaming experience, most of the time they are money sinks. Young people in particular, excited by the chance of enhancing their game, could spend quite a sizeable sum very quickly indeed.

### PHYSICAL CONSEQUENCES

Hours spent sitting and scrolling means far less time moving around and getting exercise: hardly ideal for a young person's physical health. Additionally, prolonged exposure to the light given off by a phone's screen can lead to eye fatigue and discomfort, especially if viewing it in the dark. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

## KEEP SCROLLING

## WIN TO WIN

27 new posts

## Advice for Parents & Carers

### ESTABLISH LIMITS

Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings or at weekends – or perhaps how often they can go on a specific app, game or website. You could also decide to involve the whole family in creating this shared screen time agreement, making things fair (and healthier) for everyone.

### NIX NOTIFICATIONS

Stop knee-jerk responses to the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these not-so-gentle reminders are designed to catch our attention and lure us back to our device. Switching them off – or even deleting any particularly intrusive apps – can help prevent your child from being reeled back into the online world.

### ENCOURAGE MINDFULNESS

Acknowledging any addiction is key in overcoming it – and compulsive scrolling is no different. If anything mentioned in this guide sounds familiar, it could help to have an honest, open chat with your child about how much time they spend online. Get them to think about how often they scroll through social media aimlessly or habitually open it up whenever they have a spare moment.

### MAKE A CHECKLIST

Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prompt young people to ask themselves if they're learning anything or benefiting from this activity – or if they're wasting their time. Taking a step back can sometimes help us to see things more clearly.

### Meet Our Expert

Antwone Jennings has more than 23 years' experience in the field of relations, tips, sex and health education (RSHE). As well as delivering workshops and training to young people, parents and schools, she is also a subject matter expert on RSHE for the Department of Education.



The National College



National Online Safety

#WakeUpWednesday

@natonlinesafety

/NationalOnlineSafety

@nationalonlinesafety

@national\_online\_safety

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