



Kew Woods News

Friday 26th January, 2024



Headteacher
Christina Greaves,
BA Hons

Tel: 01704 533 478

Please visit our website:
www.kewwoodprimary.co.uk

Dodgeball Competition

Big well done to our year 5 and 6 pupils who represented school at a dodgeball event this week. Great skills and teamwork from all. We warmed up slowly with a close loss in the first game but soon found our stride winning the next 3 matches.

Special mention to Ellie who was celebrated for showing great leadership and honesty, one of the school games values.

ATTENDANCE:

School attendance this week is 88% which is below national average. Well done to class 2K who had the highest attendance at 95%

Dates:

January

29th - No clubs

30th - Y3 trip to Chester

February

6th - Y6 parents evening

7th - Y6 parents evening

9th - finish for half term

19th - Inset Day—school closed

Half term

12th—19th Feb inclusive



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This Week's Big Question

Do red squirrels need protecting?

This week was our first opportunity to explore our new

BIG QUESTION of the week!

Here is a summary of what the pupils thought:

Y1 — they need protecting because they are in danger. We could build rope bridges across roads and stop trees being cut down so they have a home.

Y2 — they need to be protected as we need to protect all animals and look after the environment.

Y3 — it is very important that all animals have the right to live and with the grey squirrels eating their food if we don't help them they would become extinct.

Y4 — they need protecting as their homes are being cut down and they may become extinct.

Y5 — the red squirrels need to be protected before they become extinct. The grey squirrels are a threat to them and unless we do something about it the grey squirrels will take over and we won't see red squirrels again. This happens because the grey squirrels are stronger and more powerful and take all the food and habitat that the red squirrels need

Y6 — if they became extinct it would have a negative impact on our pine woodland regeneration and we would lose one of our most iconic native animals.

Next week's **BIG QUESTION** is

Can doing something 'bad' ever be the right thing to do?

NEW Class Twitter Accounts

- ▶ Follow your children's classes at:
- ▶ Nursery @nurserykew
- ▶ Reception @receptionkew
- ▶ Year 1 @Y1Kew
- ▶ Year 2 @Y2Kew
- ▶ Year 3 @Y3Kew
- ▶ Year 4 @Y4Kew
- ▶ Year 5 @Y5Kew
- ▶ Year 6 @Y6_Kew



This Week's Class Dojo Winners

Sapphire	RK
Jaxon	RW
Adam J	1K
Isabella	1W
Zach	2K
Freya	2W
Penny & George	3K
Sophie B	3W
Max P	4K
Matilda	4W
Jamie C	5K
Oliver J	5W
Lucy	6K
Harry S E	6W

Forest School

5K were working as a team to make dens and explore forest school.

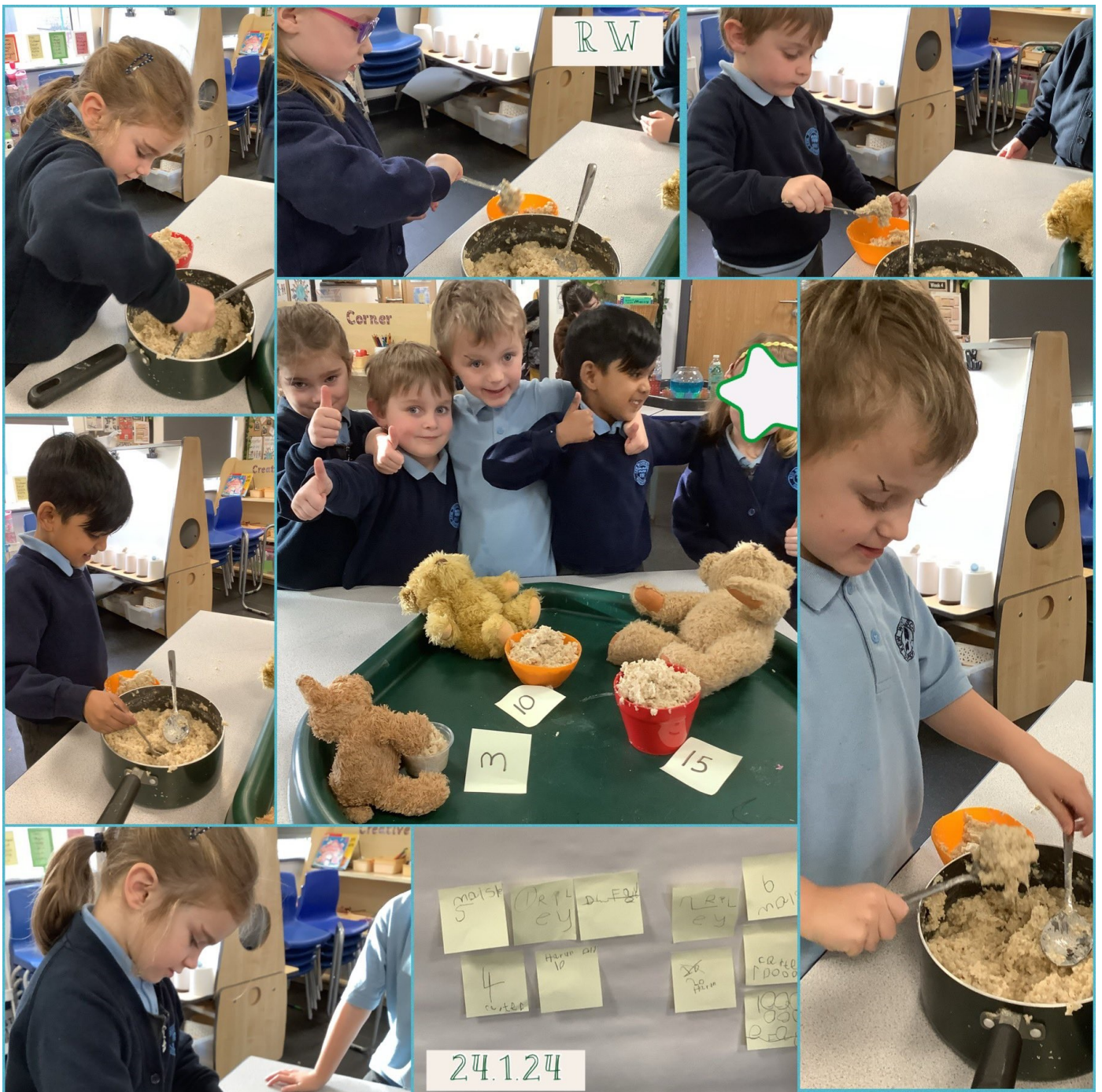


3K enjoyed climbing trees and contributing to the bug hotel!



Reception have been comparing quantities and making predictions.

How many spoons of porridge would fill Mummy Bear's bowl and Daddy Bear's bowl, if Baby Bear's bowl held 3 spoons?



Y3 have been practising the ukuleles today and they sounded amazing!

They are very much looking forward to showcasing their talent at Kew Proms!

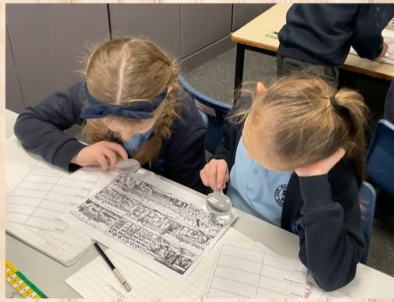


That Friday feeling! 😄 3K are having a wonderful morning learning to play the ukulele!

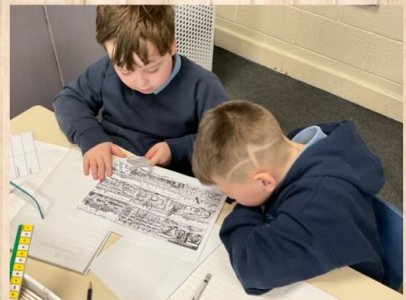
A huge well done to all who took part in the production of 'Rapunzel'. It was lovely to sit and watch some of our talented pupils and staff shine on stage. Myself and other staff members who went to watch were extremely proud!



Y2 have been looking at what caused The Great Fire of London.
They used a range of secondary sources to tell them about the
past.



*We are investigating
secondary sources,
looking at the great fire of
London, 1666*



PIC•COLLAGE

COMPASSION ACTS

Tel: 01704 264505
email: hello@compassionacts.uk

Address: Compassion Acts, Victoria Centre,
197A Sussex Road, Southport PR8 6DG

Dear Kew Woods Primary,

It is with pleasure that I write to say THANK YOU for your generous donation of 35.2kg of food items, we are very thankful for your ongoing support to our charity.

The donations we received in 2022, we fed 4689 people at our Foodbanks and had 3525 shopping visits to our Food Pantries. Sadly, as the cost-of-living crisis is affecting more and more people, we are seeing an increase in individuals and families needing our help.

Although we are very proud of being able to provide this help, we wish we didn't have to. We don't think it's right that anyone should have to rely on the support of a charity to put food on the table. This is why we are also 'going upstream' to try to tackle the root causes of poverty. As part of this work, in 2022 we supported 1400 clients to reclaimed approx. £1.5million which was rightfully theirs via our Welfare Benefits service and assisted clients to manage around £400,000 in debt.

By donating to us you are helping ensure that we can continue to support those in need, whilst working to make this need a thing of the past.

So thank you on behalf of all our staff and volunteers for your support. We believe that TOGETHER we can tackle the causes of poverty and act to deal with the consequences too.

Should you wish to find out more about our work or how you can get involved in other ways, please do not hesitate to contact us.

Yours sincerely,



Richard Owens
Chief Executive Officer



What Children & Young People Need to Know about **FREE SPEECH** VS **HATE SPEECH**

Everyone in the UK has the right of "freedom of expression". That's the right to voice your opinions and share information and ideas with others. It's not the right to say whatever you want without regard for others' feelings and values. We all have a responsibility to use this right properly: being respectful and inclusive to others. Whether online or offline, communication attacking or discriminating against groups or individuals (because of protected characteristics like race or religion) is hate speech, not free speech.

Free speech is a person's legal right to share information, opinions and ideas without fear of retaliation, censorship or legal consequences. This freedom of expression is recognised in international human rights legislation, and here's what it does for us in our day-to-day lives ...

The Human Rights Act 1988 states that everyone has the right to express themselves freely – even if their views are unpopular and might offend others.

Freedom of expression encourages listening to others and allowing opposing views to be heard. It's important to respect someone's opinion, even if we disagree with it. Free speech lets us engage in meaningful discussions with people who feel differently.

Any concept could potentially offend someone. Galileo's ideas were incredibly offensive to many at the time, while not everyone agrees with Darwin's theory today. Freely exchanging ideas promotes progress.

Free speech allows us to engage people we disagree with in a debate. The ability to challenge others' views is healthy – while having ours challenged helps us learn how to deal with criticism and think deeply about what we say and believe.

Free speech is a powerful tool for change, justice and reform. Many modern UK rights – such as women being allowed to vote or decent working conditions – couldn't have been achieved without it.

Freedom of expression includes the right not to do something, like not standing up for – or singing – the national anthem. Even though some people would find that offensive, it isn't illegal.

Hate speech refers to any communication – like talking, texting or posting online – which displays prejudice against someone's identity. Derogatory, demonising and dehumanising statements, threats, identity-based insults, offensive name-calling and slurs would all count as hate speech. Here are some common forms it takes ...

Targeting people or groups because of who they are – including but not limited to aspects such as race, sexuality, religion or a disability – and verbally abusing them with slurs and name-calling. The Equality Act 2010 has more information on this.

Content that dehumanises people based on those same attributes: referring to them as if they were animals, objects or other non-human entities, for example.

Calling for violence or hatred against certain people or groups and justifying and glorifying those actions.

Claiming that specific types of people are physically, mentally or morally inferior (or even that they are criminals) to encourage others to view them in the same way.

Making up or repeating insults about a person or group because something about their identity is different to the person who's posting.

Promoting the segregation of certain groups, or discrimination against them, because of who they are.

Meet Our Expert

The Global Equality Collective is an online community for homes, schools and businesses, a collective of hundreds of subject matter experts in diversity, equality and inclusion, and the organisation behind the GEC app, the world's first app for diversity, equality and inclusion.

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Source: <https://www.legislation.gov.uk/ukpga/2010/15/contents>
<https://www.legislation.gov.uk/ukpga/1998/42/schedule/19-text-1-everyone%20has%20the%20right%20to%20freedom%20of%20expression>



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Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

Buy Milk

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



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SMARTPHONE SAFETY TIPS

for young people

7

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



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