



Kew Woods News

Friday 13th October, 2023



Business Name

RW Buddy Assembly

Tel: 01704 533 478

Please visit our website:
www.kewwoodsprimary.co.uk

ATTENDANCE:

School attendance this week is 91.5% which is below national average. Well done to class 2K who had the highest attendance at 98%

Dates:

October

916th—18th—Y5 bikeability

20th—RK assembly

20th—Y6 musical auditions

November

1st—Halloween Disco



Follow us on Twitter @kewwoods



Please remember to vote!

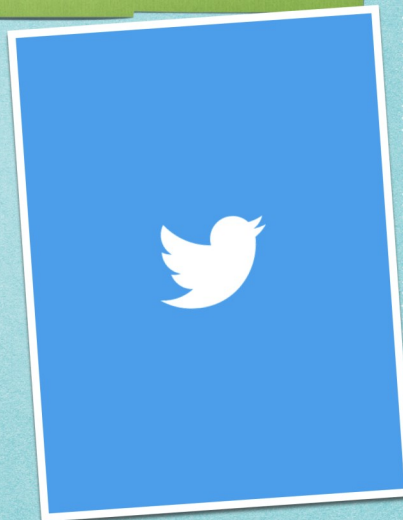
Tesco Stronger Starts

It's close! Keep voting!



NEW Class Twitter Accounts

- ▶ Follow your children's classes at:
- ▶ Nursery @nurserykew
- ▶ Reception @receptionkew
- ▶ Year 1 @Y1Kew
- ▶ Year 2 @Y2Kew
- ▶ Year 3 @Y3Kew
- ▶ Year 4 @Y4Kew
- ▶ Year 5 @Y5Kew
- ▶ Year 6 @Y6_Kew



This Week's Class Dojo Winners

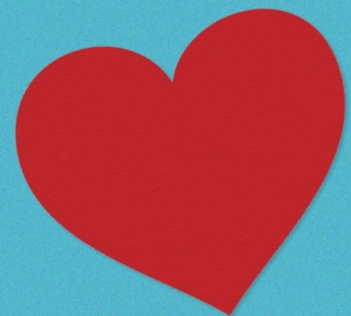
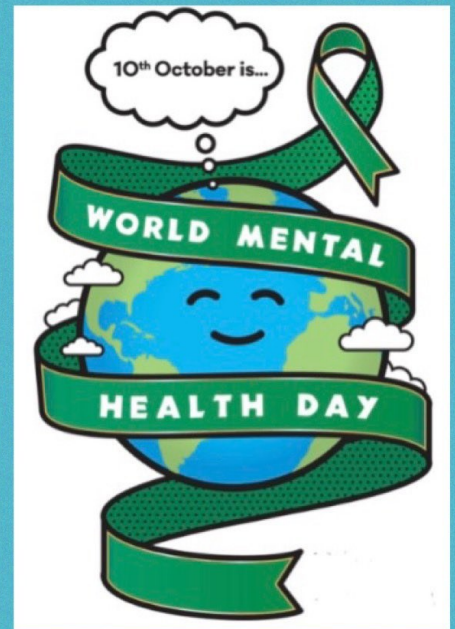
Yazmin	RK
Ellie	RW
Meghan	1K
Harry	1W
Hamza	2K
Lochlan	2W
Ollie	3K
Evie & Saddig	3W
Olivia	4K
Carter	4W
Nathan	5K
Seth	5W
Lilly	6K
Lylia & William T M	6W

11.10.2023



Nursery enjoyed carefully rolling two conkers in paint and watching what happens.

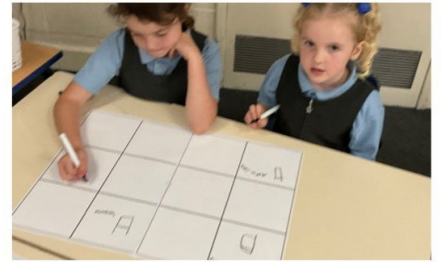
PIC•COLLAGE



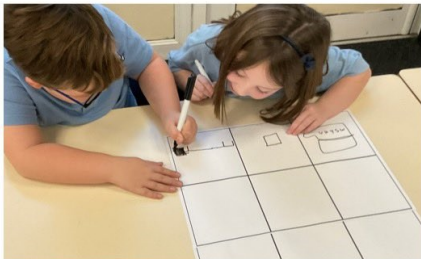
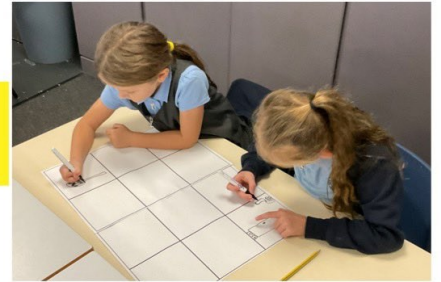
The Community Premier League Primary Schools Football Competition

Last Friday we entered Everton in The Community Premier League Primary Schools Football Competition at CTK school. We played 9 matches throughout the day winning 7 matches - drew 1, lost 1 which was a fantastic achievement. We finished in 2nd place so we have now qualified for the regional finals day which will be held at Evertons Training Ground Finch Farm in February next year.





Designing mats for our
floor robots



PIC•COLLAGE

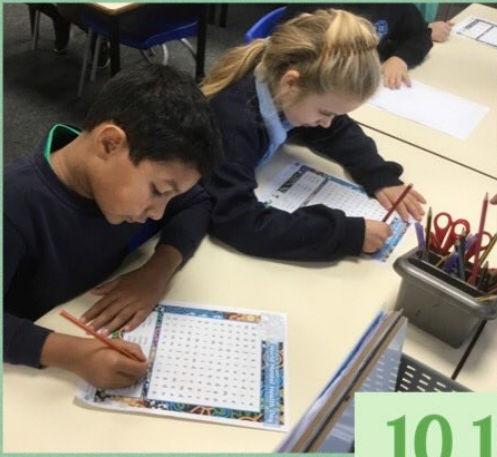
Hickory's Reward

5K at Hickory's



Class 5K have enjoyed their morning at Hickory's, celebrating being rewarded for their excellent behaviour, in school.

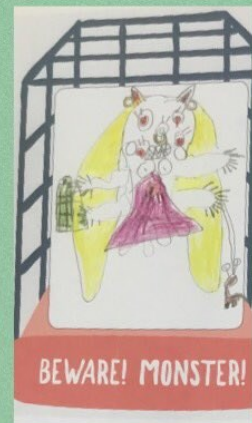




10.10.23



World Mental Health Day



SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe are scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.



Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



National Online Safety

#WakeUpWednesday

Source: <https://www.nos.org.uk/parents/parents-guide-to-supporting-your-child-with-upsetting-news/>



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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: TL10 2023



LOCAL OFFER LIVE

Sefton Local Offer Live is back!

Wednesday 22nd November

9:30am-5:30pm

Family Life Centre, Ash Street, Southport, PR8 6JH

Join us for our SEND services marketplace to find out about support here in Sefton.

- Children's Social Care
- Education Services
- SEND Charities
- NHS Services



Cinderella



Saturday

2nd December 2023

2pm – 4pm

Our Lady of Lourdes R.C Church

Waterloo Road

Southport

PR8 3DA

Free Entry – Tickets not required

Contact – 01704 568286

birkdalecatholics@rcaol.org.uk

HICKORY'S
SPOOKHOUSE

BRING THE FAMILY TO OUR PLACE THIS

HALLOWEEN



JOIN OUR

**CREEPLY CHARACTER
BRUNCH**

SATURDAY 28TH OCTOBER
FROM 10^{AM} - 2^{PM}

Bring your little monsters for brunch & a terrifyingly
good time with dancing, fun & games!
(£5 deposit per person)

SPEAK TO THE TEAM TO BOOK IF YOU DARE!

70 Folkestone Rd, Southport PR8 5PH. Tel: 01704 333 855

WWW.HICKORYS.CO.UK