KEW WOODS PRIMARY SCHOOL



Sex and Relationship Education Policy

OVERVIEW

This policy provides information about the content and manner in which the sex and relationship programme is taught at Kew Woods Primary School. The curriculum is developmental and is mostly taught as part of the school's science programme. In line with the new NC 2014, the pupils will study the life cycles of animals and the process of reproduction in some plants and animals. The pupils will study the development of humans from birth to old age. There will be a particular focus on changes experienced in puberty as they approach their adolescent years. The policy also sits along the PSHE curriculum. Personal, social, health and economic education promotes pupils' personal social and emotional development, as well as their health and well-being. It helps to give pupils the knowledge and skills they need to lead confident, healthy and independent lives

AIM

The aim of sex and relationship education is to help and support young people through their physical, emotional and moral development.

This policy reflects the school ethos and demonstrate and encourage the following values:

- Respect for self and others
- Right to accurate information and access to confidential services
- The right to hold own views
- Acceptance of responsibility for own behaviour
- Difference and diversity
- Understanding and care for others

The school will:

- Provide information that is relevant and appropriate to the age, maturity, and ability of the pupil.
- Encourage pupils to explore different values and attitudes
- Help pupils move from childhood to adolescence with confidence.

The Sex and Relationship programme is an entitlement of all pupils. The programme will reflect and include values held by the variety of religious and racial communities with an emphasis on those held within the school.

The majority of sessions will be held in mixed groups within a year group although there will be opportunities for single gender work.

ORGANISATION

Sex and Relationship Education is taught from Reception onwards and is developed over the year groups at an age appropriate level. **Reception** pupils

explore making relationships, identify people who can help and care and explore friendships. They also discuss different types of emotions and feelings.

In KS1, **Year 1** focus on developing good relationships and identify special people. They also explore emotions and feelings around jealousy. In **Year 2** the pupils learn about appropriate conversations. They consider their body language and explore their feelings and emotions when they are worried and develop strategies to manage anger.

In KS2, Year 3 consider appropriate touch. They consider ways to be responsible and helping someone in need. This develops into a focus on bullying and being responsible in looking out for others. They also explore the effects on their bodies their feelings and emotions. In Year 4 the pupils explore different points of view in relationships. They discuss stereotypes and judgments around others and ways to break down barriers in relationships. They explore feelings of jealousy and worrying and consider the impact of this on themselves and others. As part of their work on personal safety they consider appropriate touch in relationships. Year 5 pupils learn about the five ways to well being and consider the importance of positive relationships and connecting with others. They access a workshop with Peter Yip (Equality and Diversity Consultant) and consider the use of appropriate and inappropriate language. They explore feelings of anger and jealousy and consider strategies to deal with this. They learn about same sex marriages as part of their work around a world without judgements. Year 6 focus upon being responsible and staying safe. They access Gang workshops (Get Away, Stay Safe) and develop strategies to ensure they are responsible citizens in society. As part of their work on a world without judgements they consider differences in religions and the importance of tolerance. They also reflect upon the impact and consequences of stealing. Altru Drama deliver a performance on drug education and then the pupils access follow on workshops exploring the issues raised. They also access sex education sessions looking at puberty, conception and appropriate touch and appropriate relationships. The School Nurse works with the classes exploring worries around transition and puberty.

All year groups access dram productions for anti bullying week (delivered by Altru Drama) and assemblies and follow up lessons regarding relationships online.

Further information can be found in the PSHE Policy and planning.

Sex and Relationships Education will be taught:

- Through Science as part of the National Curriculum
- Through the PHSE curriculum
- Through our wider Kew Curriculum

TEACHING METHODS AND RESOURCES

Will ensure sensitive participation which will support the self-esteem of pupils.

The work will start with the pupil's understanding.

Single gender groups may be used if teaching staff feel this is appropriate.

Ground rules will be established at the start of any sex and relationship education lessons. These can be developed with pupils and should ensure that appropriate language is used in the classroom and that nobody is made to feel uncomfortable or unable to participate.

1Decision Resources are used to deliver this aspect of our curriculum. The module covering SRE is the Growing and Changing section. Relationships, puberty, conception and appropriate touch.

ANSWERING QUESTIONS

Children's questions will be answered as in every other lesson, in an honest and sensitive manner appropriate to the age and maturity of the child and in keeping with their religious and cultural background. Question boxes may be used in lessons to enable teachers to answer children's questions appropriately.

VISITORS

In accordance with school policy visitors will be invited into school in order to supplement or complement the programme. For example a mother who is pregnant or has a baby may be invited in. The school nurse may deliver sessions alongside the class teachers.

Outside agencies may be used to complement the curriculum. All materials used will be viewed prior to the visit and a member of staff will remain in the class with the speaker. All outside agencies will be made aware of the school's SRE policy.

CONCERNS

Any concerns should be reported to the class teacher. If the teacher cannot resolve the situation then the Headteacher should be informed. There is a complaints procedure available.

WORKING WITH PARENTS

The school is committed to working with parents and recognise that they are key in teaching their children about sex and relationships and also in establishing their own family culture and values.

Parents will be informed of the nature of SRE lessons and when these will take place. Parents are able to view the palnning and materials used in the teaching of sex and relationship education. Under the Education Act 1993, parents can withdraw their child from any part of the Sex and Relationships Programme which is not part of the National Curriculum. Parents wishing to exercise this right are invited first to discuss their concerns and arrangements

for their child with the class or head teacher and then to confirm their request in writing.

PROCEDURES FOR MONITORING AND EVALUATION

SRE at Kew Woods will be monitored by the PSHE subject leader. Resources used, planning and pupil interviews will form part of the annual monitoring. Comments from parents will also be welcomed.