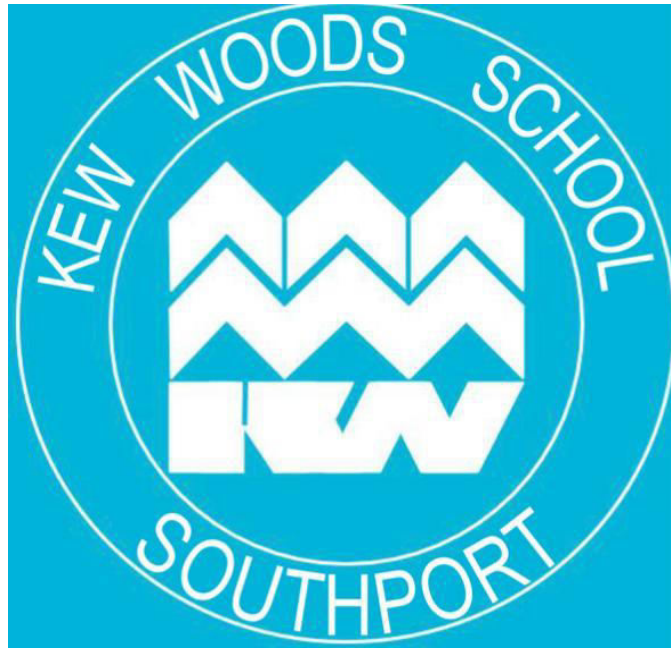


KEW WOODS PRIMARY SCHOOL



Physical Education Policy

OVERVIEW

At Kew Woods primary School PE develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. These include dance, games, gymnastics, swimming, athletics and outdoor adventure activities.

PE promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills, and it promotes positive attitudes towards a healthy lifestyle. Thus, we enable the children to make informed choices about physical activity throughout their lives.

We will use the National Curriculum Physical Education Guidelines as the basis for our schemes of work and we will make meaningful links with the other subjects of the curriculum.

OBJECTIVES

- To enable children to develop and explore physical skills with increasing control and coordination.
- To encourage children to work and play with others in a range of group situations.
- To develop the way in which children perform skills, and apply rules and conventions, for different activities.
- To show children how to improve the quality and control of their performance.
- To teach children to recognise and describe how their bodies feel during exercise.
- To develop the children's enjoyment of physical activity through creativity and imagination.
- To develop an understanding in children of how to succeed in a range of physical activities, and how to evaluate their own success.

STRATEGIES

We use a variety of teaching and learning styles in PE lessons.

Our principal aim is to develop the children's knowledge, skills and understanding, and we do this through a mixture of whole-class teaching and individual or group activities.

Teachers draw attention to good examples of individual performance as models for the other children, and we encourage the children to evaluate their own work as well as the work of other children.

Within lessons, we give the children the opportunity both to collaborate and to compete with each other, and they have the opportunity to use a wide range of resources.

In all classes, children have a wide range of physical ability. Whilst recognising this fact, we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child. We achieve this through a range of strategies:

- setting common tasks that are open-ended and can have a variety of results (e.g. timed events, such as an 80 m sprint)
- setting tasks of increasing difficulty, where not all children complete all tasks (e.g. the high jump)
- grouping children by ability, and setting different tasks for each group (e.g. different games)

- providing a range of challenge through the provision of different resources (e.g. different gymnastics equipment).

OUTCOMES

PE will be used to promote excellence and enjoyment. Pupils at Kew Woods will be given every opportunity to develop their skills, knowledge and understanding of PE. Kew Woods will promote a lifelong interest and love of PE and enable the children to make informed choices about physical activity throughout their lives.

Health and safety

It is the general teaching requirement for health and safety that applies to this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area. The governing body expects the teachers to set a good example by wearing appropriate clothing when teaching PE. The policy of the governing body is that no jewellery is to be worn for any physical activity.

Staff will check the safety of the environment they are in, e.g. Hall or outdoor space to ensure the ongoing safety of children during the lesson. They will also check the equipment being used on an ongoing basis and report any issues to the PE coordinator.